

INTRODUCTION TO BALLET

Ballet is enjoyed by children from an early age. It offers the chance to express stories through movement and actions underpinned by a technique which builds strength and grace.

3-5 yrs Ballet & Boogie

An introduction to the foundation technique of Ballet with lots of props delivered in an imaginative and creative way. Also included is a fun upbeat boogie dance to encourage performance skills.

5yrs + School & General Class, Pre-Juvenile Group Award.

A development of the ballet foundations with a strong emphasis on travelling steps, coordination and creative story telling through dance.

6yrs + Grade & Medals

Preparatory	Intermediate
Primary	Advanced 1
Grades 1-5	Advanced 2

Structured development of the classical Ballet technique delivered through the IDTA Syllabus for Ballet focusing on building strength and creative expression in dance.

WHAT TO WEAR

Hair tied up neatly in a bun

Up to Grade 2

Lilac Leotard, Lilac Skirt, Pink Ballet Socks, Pink Leather Ballet Shoes.

Grade 3 plus

Black Leotard, Pink Transition tights, Pink canvas split sole Ballet Shoes, Lilac Belt. (Black Chiffon Wrap over skirt optional for class work)